



**ORENDA**  
INTERNATIONAL

Nutrition...for people who think™

# Orenda OPC

Defense for Head,  
Heart and more.



## It's about cellular youth!

You may have heard about antioxidants like vitamin C and E, and how they play an important role in your healthy aging. But are you familiar with super antioxidants like Anthocyanins (50 times as effective as E) and Proanthocyanidins (20 times as effective as E). These super antioxidants can supercharge your health and vitality.

## Blueberries are popular for their brain health effect, but:

The Aronia berry which leads the 10 antioxidants in OPC is 33 times as dense in proanthocyanidins as blueberry, and like blueberry, those proanthocyanidins cross the blood brain barrier to protect your brain cells!

## A cornucopia of super antioxidants!

Aronia, Aloe Vera, Pine Bark Extract, Green Tea, Rhodiola Root, Grape Seed Extract, Blueberry, Purple Carrot Extract, Raspberry Juice, and Bilberry contribute to this state of the art formulation offering the finest antioxidant protection available!

## The Endothelium (linings) of your arteries require antioxidant protection.

Take OPC 30 minutes before a workout and feel the difference!

## For Head and Heart, there is nothing like it!

OPC comes in stick packs, mixes in water or your favorite hydration drink. Delicious, effective, convenient!

**Orenda International is chosen by many leading physicians for its scientific foundational and all inclusive dietary support.**



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, cure or prevent any disease.

[www.orendainternational.com](http://www.orendainternational.com)

# Why Supplement With Antioxidants?

	ALL ANTIOXIDANTS	ANTHOCYANINS	PROANTHOCYANIDINS
What challenges do they address?	Build-up of Reactive oxygen species (Free Radicals)	Build-up of Reactive oxygen species (Free Radicals)	Build-up of Reactive oxygen species (Free Radicals)
Why do these challenges arise?	Exercise, aging, stress and everyday living	Exercise, aging, stress and everyday living	Exercise, aging, stress and everyday living
What do they do in the body?	Neutralize the free radicals by donating electrons to the molecules which have been damaged by losing electrons causing Free Radicals.	Anthocyanins are super antioxidants thought to be 50 times as effective as vitamin E! Density of anthocyanins is often related to the intensity of color of the fruit or vegetable in it's natural state.	Proanthocyanidins are super antioxidants thought to be 20 times as effective as vitamin E. Importantly, proanthocyanidins are able to cross the blood brain barrier and provide support to that all important organ.

## Unique Formulation

INGREDIENT	What does it do?
Aronia Fruit	33 X more dense in Proanthocyanidins than Blueberries
Pine Bark Extract	Powerful antioxidant and bioflavanoid complex
Green Tea	Powerful antioxidant
Grape Seed Extract	Contains Vitamin E, flavanoids and linoleic acid
Blueberry Fruit	Contains 25-30 types of anthocyanidins
Purple Carrot Extract	Rich in anthocyanins
Raspberry Juice	Phytochemical ellagic acid, as well as other antioxidants
Acerola Cherry Extract	High in anthocyanins
Vitamin C	Powerful Antioxidant
Billberry	Wide ranging anti-aging benefits
Resveratrol	A phenol with immune supporting and anti-aging effects

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